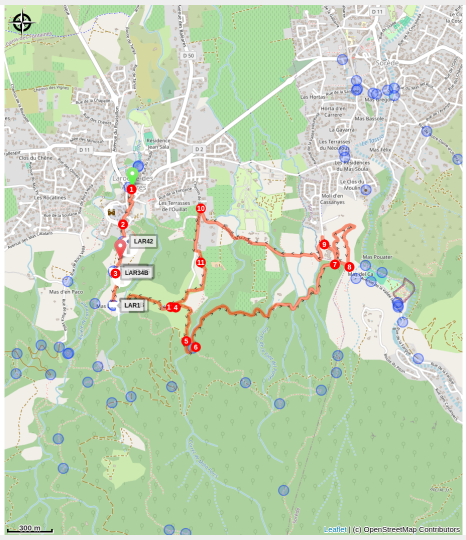
[Stroll] The Two Ovens

Albères



(Hugo Pagès)



Let yourself be tempted by the discovery of the solar oven and the lime kiln of Sorède during this short hike.

An enjoyable route, with moderate elevation, connecting Laroque des Albères to Sorède via forest tracks. The solar oven and the old lime kiln of Sorède add interest to this walk. There is also a fitness trail around the solar oven site.

Useful information

Practice : Hiking

Duration : 2 h 30

Length : 7.6 km

Trek ascent : 259 m

Difficulty : Medium

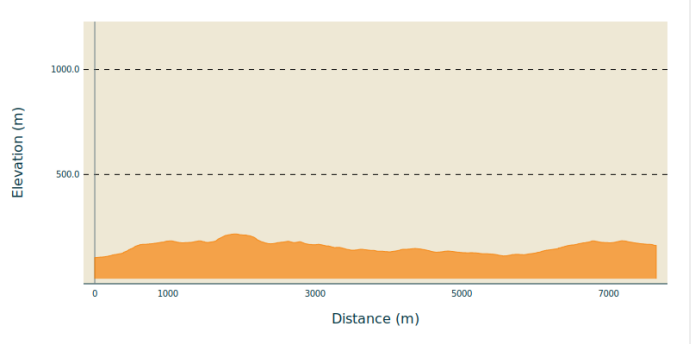
Type : Boucle

Themes : Flora, Point de vue, Montagne, Patrimoine

Trek

Departure : Laroque des Albères Tourist Office.
Arrival : Laroque des Albères Tourist Office.
Cities : 1. LAROQUE DES ALBERES
2. SOREDE

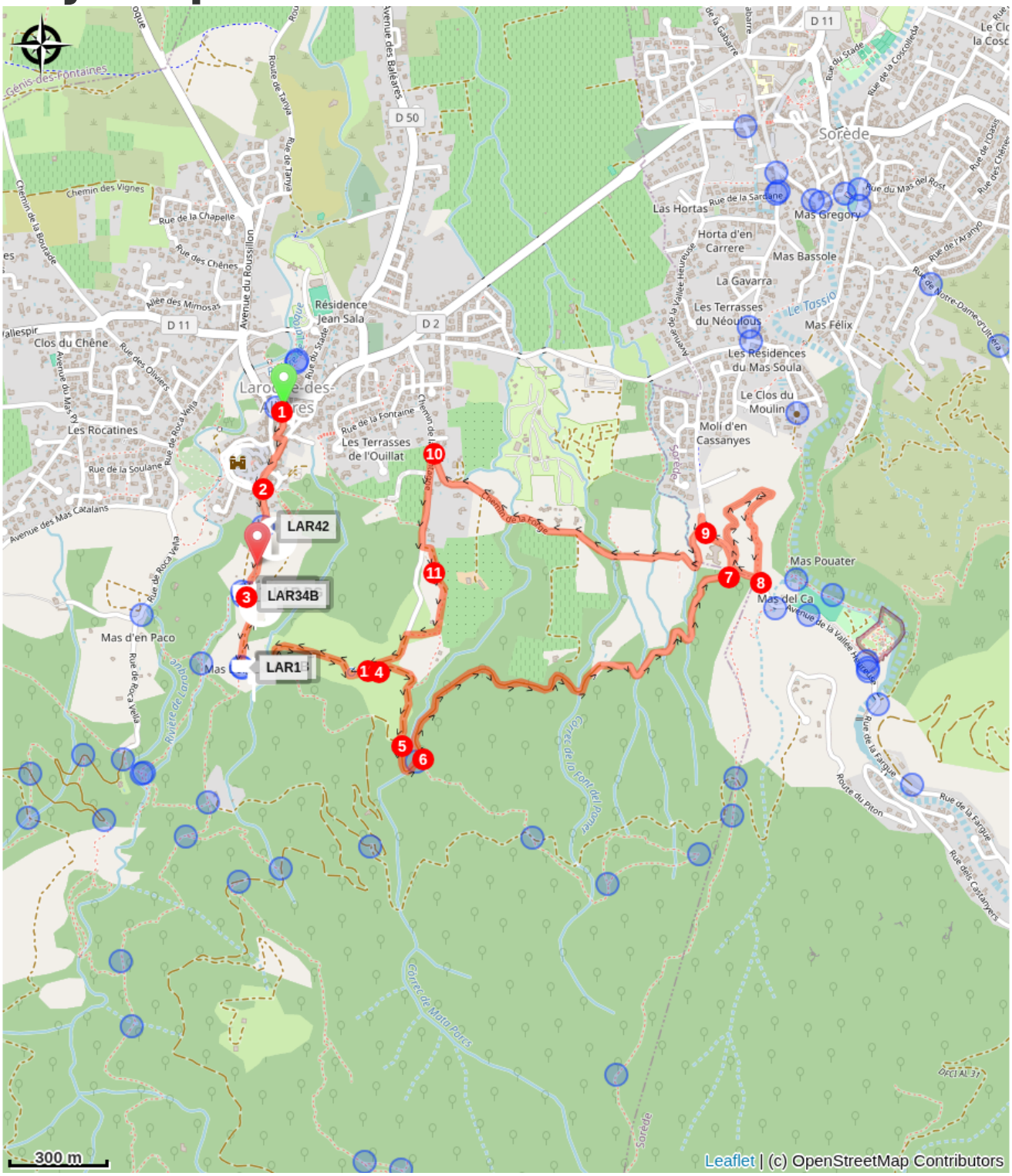
Altimetric profile



Min elevation 104 m Max elevation 217 m

1. From the Tourist Office – Hiking Center, head to the Church and the center of the village.
2. Facing the church gate, take the dead-end street in front of the gate, then the trail in the forest, limited on the left by a stream. Going up on the right is the Moulin de la Pave, and a few meters higher is the Font dels Ocells (Birds Fountain). The trail follows a partially buried pipeline. At the junction, turn right. Small water reservoir here.
3. Here, a basin, trail junction, and informative signs. Take the direction "Cabanes de Mataporcs" and follow the track to the left. At the mas on the right (Mas Bordes), continue on the track, staying to the left. A little further on, a yellow point on the left indicates the Fontaine Malzach below.
4. Go up on the track to the right.
5. At the intersection, turn left.
6. Continue straight on the track to Sorède, do not go up towards the Cabanes de Mataporcs.
7. Arriving in Sorède, cross in front of the retirement home to take the path in front (health trail) that goes up to the solar oven. Descend on the road by the trail. A few meters away are the mas del Ca and the Valley of the Turtles.
8. Head back towards the retirement home.
9. Follow the small paved road that starts on the left just after the establishment. A lime kiln is located below, feel free to linger and read the explanatory panels. Continue to arrive in the Laroque des Albères area, Chemin de la Forge.
10. At the end of this road, go up to the left, chemin de la montagne (paved road).
11. Here, a dirt track. On the left is a ruined mas. Continue straight then take the direction of Mas Bordes.
12. Take the same route as on the way to return to the Tourist Office in Laroque.

On your path...


Génis-des-Fontaines
Chemin des Vignes
Rue de la Chapelle
Rue des Chênes
Allée des Mimosas
Clos du Chêne
Avenue du Roussillon
Route de Tarya
Rue de Tarya
Avenue des Baléares
D 50
D 11
D 2
Résidence Jean Sala
Rue du Stade
Rue de la Fontaine
Chemin de la Forge
Les Terrasses de l'Ouillat
Les Rocatines
Rue de la Soulane
Rue de Roca Vella
Avenue des Mas Catalans
Mas d'en Paco
Rivière de Lorgue
LAR42
LAR34B
LAR1
Sorède
Las Hortas
Rue de la Sardane
Mas Gregory
Horta d'en Carrere
Mas Bassole
La Gavarra
Les Terrasses du Néoulous
Mas Félix
Le Tassio
Les Résidences du Mas Soula
Le Clos du Moulin
Molí d'en Cassanyes
Mas Pouater
Mas del Ca
Avenue de la Vallée Heureuse
Rue de la Fatigue
Route du Piton
Rue des Cerisiers
Corrent de Mato Ports
Corrent de Font del Romer
300 m
Leaflet | (c) OpenStreetMap Contributors

All useful information

⚠ Advices

Plan for water, a hat or cap, and walking shoes. This route is not managed and marked by CC-ACVI but does not present any risks. Use geolocation.

How to come ?

Transports

Bus à 2€

Access

D914, D2

Advised parking

Hikers' parking at the stadium