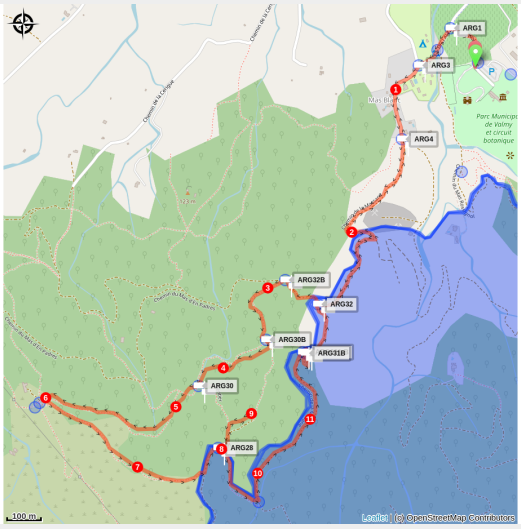
# Listen and see

Albères



(OTI)




## Sensory hike

In family or between friends, it is all the history of the massif and the city that lends itself in the life-size discovery

### Useful information

Practice : Hiking

Duration : 2 h 30

Length : 6.2 km

Trek ascent : 307 m

Difficulty : Easy

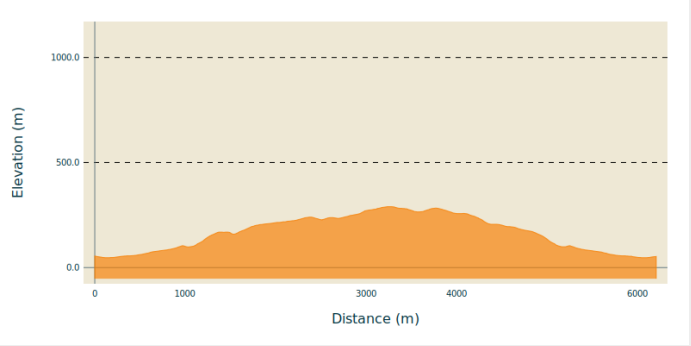
Type : Boucle

Themes : Flora, Point de vue, Architecture, Histoire, Montagne

# Trek

**Departure** : Car park Valmy Castle
**Arrival** : Car park Valmy Castle
**Markings** : PR
**Cities** : 1. ARGELES SUR MER

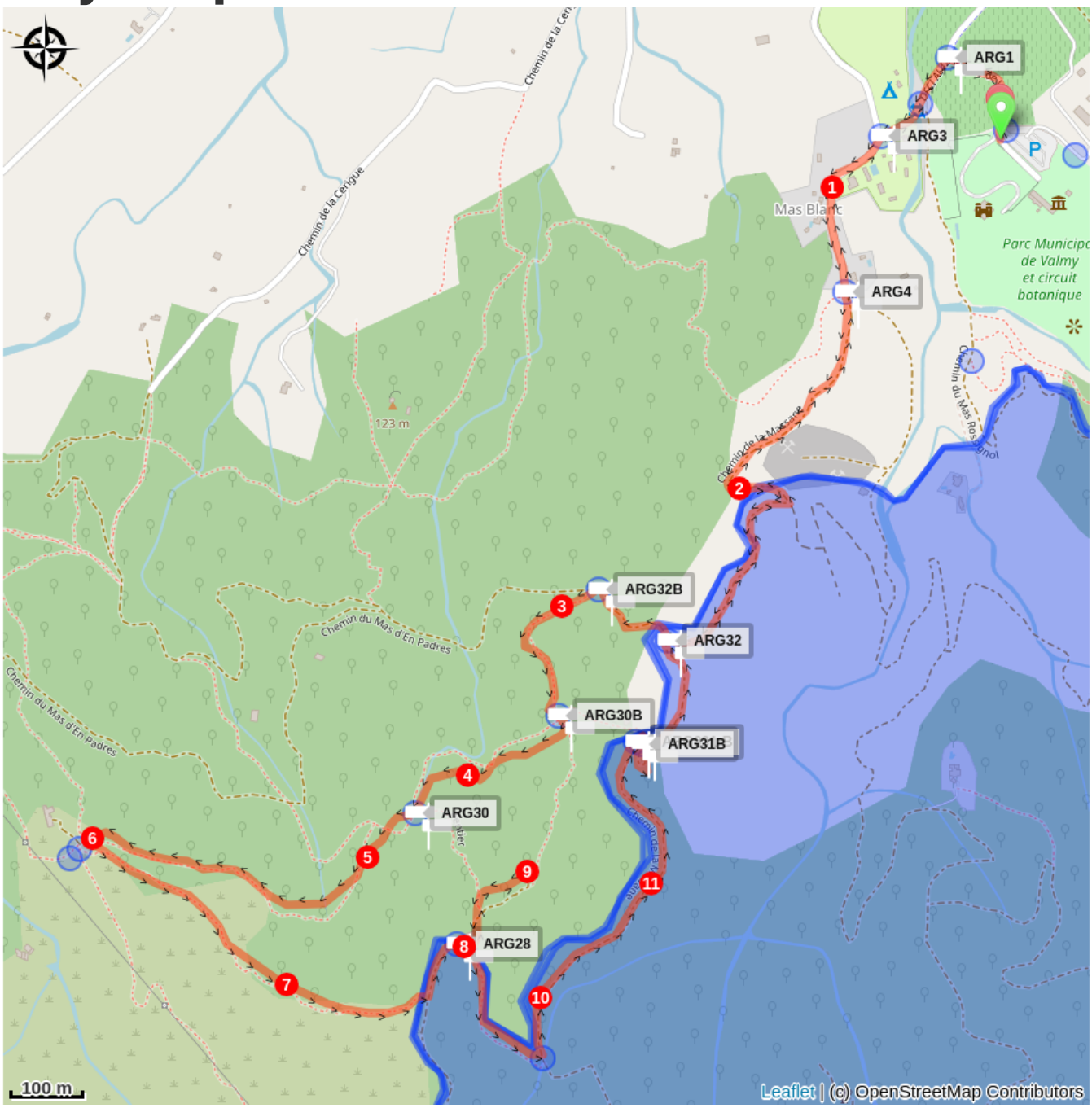
## Altimetric profile




Min elevation 47 m  Max elevation 290 m

1. From the car park of Valmy, walk back on the road. Pass in front of the Campsite of Mimosas, rise towards the White Mas and follow the direction of the Chapel St Laurent where the forest track DFCI n°29 starts.
2. Pursue the rise and follow the green nameplates "Listen to and see ". At the the crossing of track, take track DFCI-Al n°28 on the right. Pass in front of the green tank.
3. After the bend, take the path to the left which enter the cork oak forest.
4. After a light ascent of 15 minutes, arrive in front in the ruins of the Mas of in Pardès overlooking the plain. Pay attention to the path on the left featuring mimosas. Do not take the wide path direction Tour de la Massane.
5. Arrive at the Chapel St-Laurent-du-Mont (290 meters). Behind the monument you will find a shepherd hut. Take a look at it, return to your steps, take the path in front of the chapel entry this will take you back to Valmy.

# On your path...


ARG1
ARG3
ARG4
ARG32B
ARG32
ARG30B
ARG31B
ARG30
ARG28
1
2
3
4
5
6
7
8
9
10
11
Chemin de la Cerigue
Chemin du Mas d'En Padres
Chemin du Mas Rossignol
Mas Blanc
Parc Municipal de Valmy et circuit botanique
123 m
100 m
Leaflet | (c) OpenStreetMap Contributors

# All useful information

## ⚠ Advices

**You enjoy nature, You like it, take care of it…**

Along the hiking trail, rubbish bins are at your disposal.
Every month over tens of thousands of hikers and walkers visit this exceptional site. Please do not litter and use the rubbish bins (glass, plastic, rubbish etc...).
Also, please dispose of any litter you might find along the trail.
Help keep this site clean with simple yet essential gestures. Lets give back to nature what nature gave us.

## How to come ?

### Transports

The nearest : Valmarie
Bus 2€

### Access

RD 914: Exit 12 - Valmy road – Car park

### Advised parking

Car park of the Castle of Valmy

## Accessibility

Absent

# Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

**Zone Natura 2000 Directive Habitat**

Sensitivity period:

Zone Natura 2000 Directive Oiseaux




**Zone Natura 2000 Directive Oiseaux**

Sensitivity period:

Zone Natura 2000 Directive oiseaux