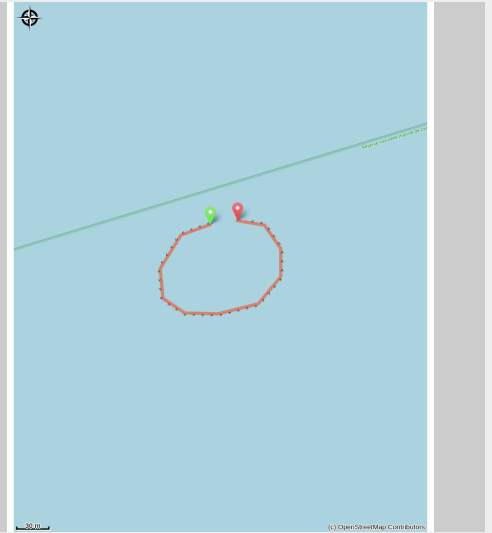


# Le Dôme du Cap de l'Abeille

Côte Vermeille - BANYULS SUR MER



Flabelline (Aquatile)



*Discover the "Cap de l'abeille" and its famous Dome*

The very fishy site makes it an excellent diving spot

## Useful information

---

Practice : Scuba diving

---

Duration : 1 h

---

Length : 0.3 km

---

Difficulty : Medium

---

Type : Boucle

---

Themes : Fauna, Flora,  
Géologie

# Trek

Departure : Port d'Argelès-sur-Mer, de Collioure, de Port-Vendres, Banyuls-sur-Mer et Cerbère

Arrival : Port d'Argelès-sur-Mer, de Collioure, de Port-Vendres, Banyuls-sur-Mer et Cerbère

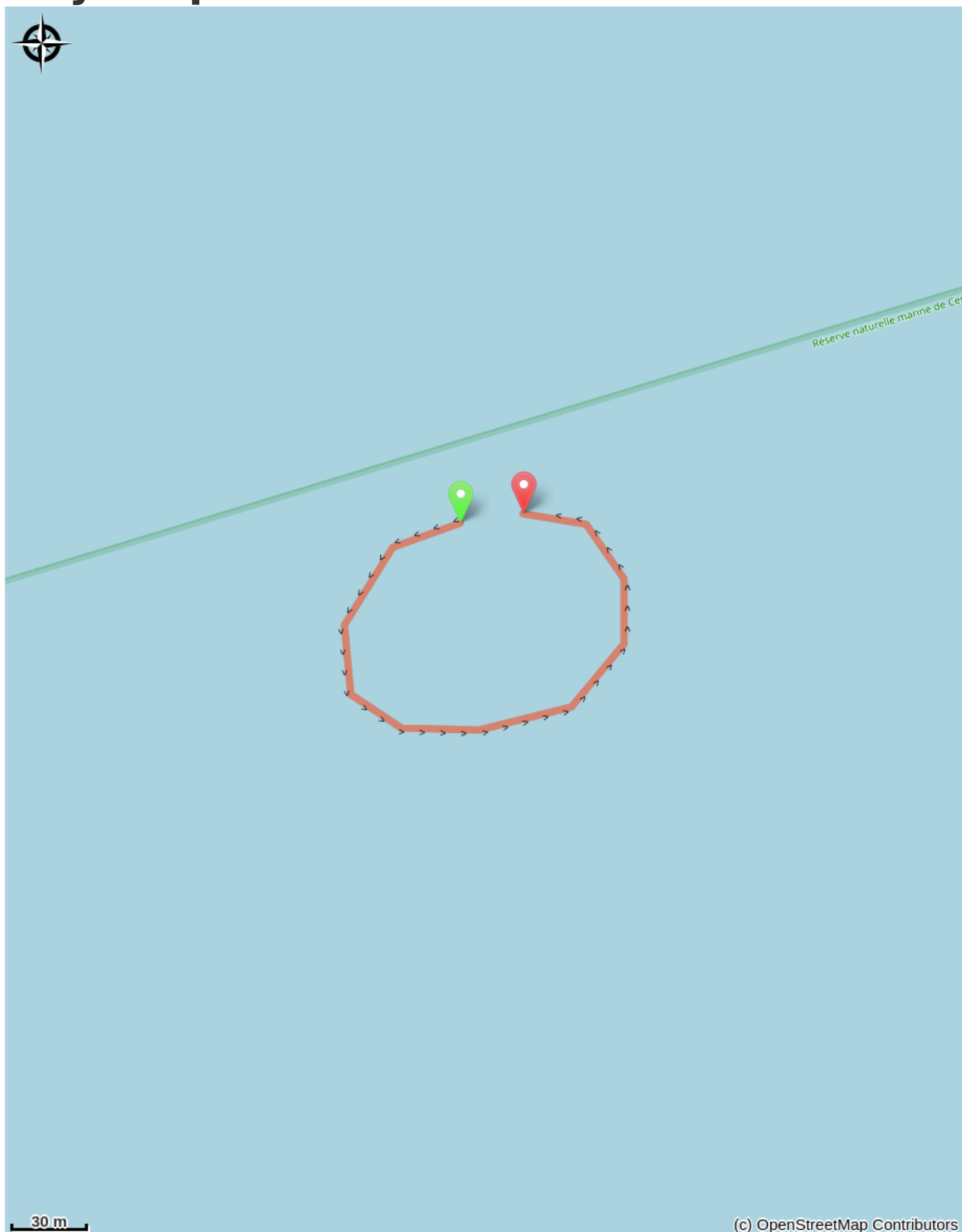
Discover Cap Abeille and its famous dome. Inside the reserve, an organized anchorage area prohibits anchoring. Here on the north face of Cap Abeille is located the dome, site accessible by boat. Two buoys allow to dive on the site.



It's necessary to move north to join the dome from the buoy n° 2 (3-4 meters of displacement) or to east from the buoy n° 14 (8-9 meters of displacement). In both cases, the important is to join the rocky rise and turn around. A second half of the dive, is around and above the dome (between 12 et 5 meters) to optimise decompression. It's also the space in which the observation will be the simplest and the richest.

During exploration, observe the species hidden in the scree. You will easily see barracudas, groupers and sometimes some stingrays. Beautiful light buds emerge from the solitary yellow coral *Leptopsammia pruvoti*. Don't forget to look at the surface and to the top of the wall don't miss the show.

This diving site allows to dive easily during one hour. There's no difficulty for the orientation if you take the dome as a reference and stay close to it. The ideal is to go up along the two buoys but if it isn't possible, the lift will be after deploying the parachute by positioning on the dome. Indeed, according the seasons there can be an important passage of boats. Depending conditions of visibility, currents and swell, more precise instructions will be proposed. In general, we don't touch the species and we limit the maximum of the supports especially for macro viewing observation or for photographers. Don't forget that diving is done on a reserve where the impact on the environment must be limited.

# On your path...



-  The Grouper (A)
-  The Mola-Mola (C)

 The fauna of Cap l'Abeille (B)

# All useful information

## **Advices**

Go safe and be supervised by professional scuba diving from all the ports of the Côte Vermeille.

### **Argelès-sur-Mer:**

Argelès Plongée: 06 78 48 76 30 / 06 83 89 96 90 - Résidence Santa Maria Rue des Matelots

Aquatile Plongée: 06 16 51 31 06 - Résidence Atalaya 2 Place Magellan

Archipel Plongée: 04 68 95 71 03 / 06 25 59 35 77 - 8 Résidence les Villégiales

La Sirène Plongée : 04 68 81 60 58 - Camping la Sirène, route de Taxo

### **Collioure:**

CIP Collioure: 04 68 82 07 16 - 24 Rue Ravin du Coma Xeric

### **Port-Vendres:**

Paradis des bulles: 06 70 55 69 18 - Quai Fanal

Tech of Plongée: 06 58 55 41 04 -2 Quai Fanal

CAP Port-Vendres: 04 34 12 09 27 - 4 rue Jules Ferry

Scuba Passion: 06 07 56 03 73 - Plage des Tamarins Route de la Jetée

### **Banyuls-sur-Mer:**

Rédéris Plongée: 04 68 88 31 66 - Quai A Port Parking Méditerranée

AquaBlue Plongée: 04 68 88 17 35 - 5 Quai Georges Petit

Plongée Bleue: 07 85 75 67 45- 10 quai Georges Petit

### **Cerbère:**

Aloès Plongée: 06 33 33 18 44 - Résidence les Aloes Cap Peyrefite

Plongée Cap Cerbère: 04 68 88 41 00 - Route d'Espagne

## **Environmental sensitive areas**

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

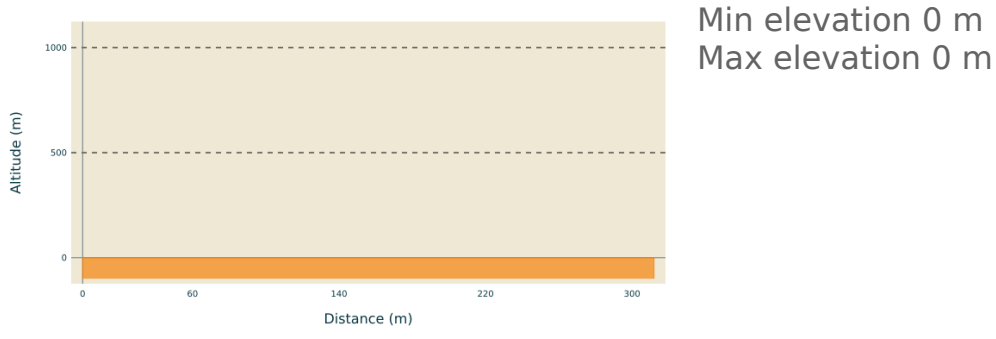


### **Réserve Naturelle Marine de Cerbère-Banyuls**

Sensitivity period: January, February, March, April, May, June, July, August, September, October, November, Decembre

Réserve Naturelle Marine de Cerbère-Banyuls

## **Altimetric profile**



# On your path...

---



## The Grouper (A)

The brown grouper is an iconic fish of the Mediterranean. Its presence and abundance reflect the richness and balance of the marine environment as a whole. Long hunted, it has been protected since the 1990s, thanks in part to the marine reserve that provides a safe breeding ground. It is commonly found around Cap l'Abeille (F.Brun - Le Roussillon Sous-marin - Ed. GAP).

Attribution : Aquatile plongée

---



## The fauna of Cap l'Abeille (B)

In a cloud of chromis, schools of mullets, anchovies, and bogue fish move about, attracting numerous wolf fish and barracudas. Groupers, the emblematic fish of the reserve, are abundant and can be seen in groups. It is not uncommon to encounter moray eels and some octopuses, which try to move despite the potential predators. Depending on the season, mola-mola (sunfish) and rays (stingrays and eagle rays) may make an appearance.

Attribution : Aquatile plongée

---



## The Mola-Mola (C)

Behind this name lies the ocean sunfish. It's commonly found in the waters of Roussillon, especially at the beginning of summer. It floats near the surface, with its dorsal fin protruding. No need to panic—it's just a Mola-Mola, not a shark! It's easy to spot around shipwrecks. It may either swim away upon your approach or stay with you for several minutes (F. Brun - Le Roussillon Sous-marin - Ed. GAP).

Attribution : Aquatile plongée