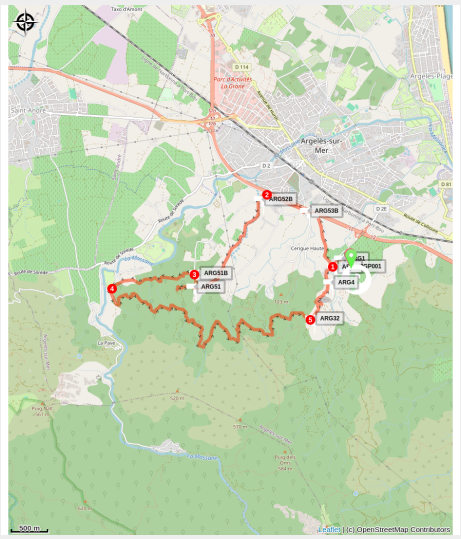
The Chapel Notre Dame de Vie (VTT)

Albères

Signalétique VTT (Mairie d'Argelès-sur-Mer)



The two Chapels (Red color signs « VTT » (mountain bike) n°7)

This variant of the cork’s path lead to the Chapel de Vie at the little Chapel of Saint-Jérôme, Romanesque style

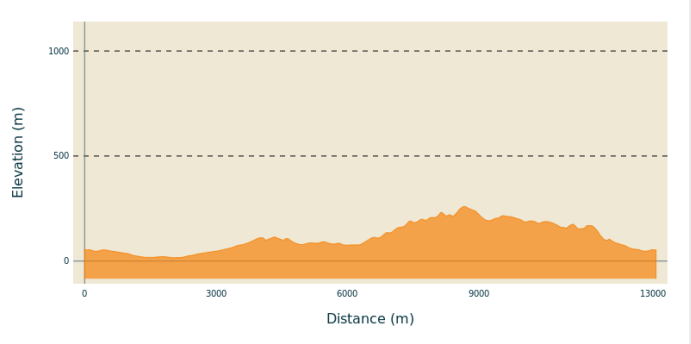
Useful information

- Practice : Mountain Bike
- Duration : 2 h 30
- Length : 13.0 km
- Trek ascent : 458 m
- Difficulty : Hard
- Type : Boucle
- Themes : Flora, Histoire

Trek

Departure : Valmy’ carpark (base VTT)
Arrival : Valmy’ carpark (base VTT)
Markings : VTT
Cities : 1. ARGELES SUR MER

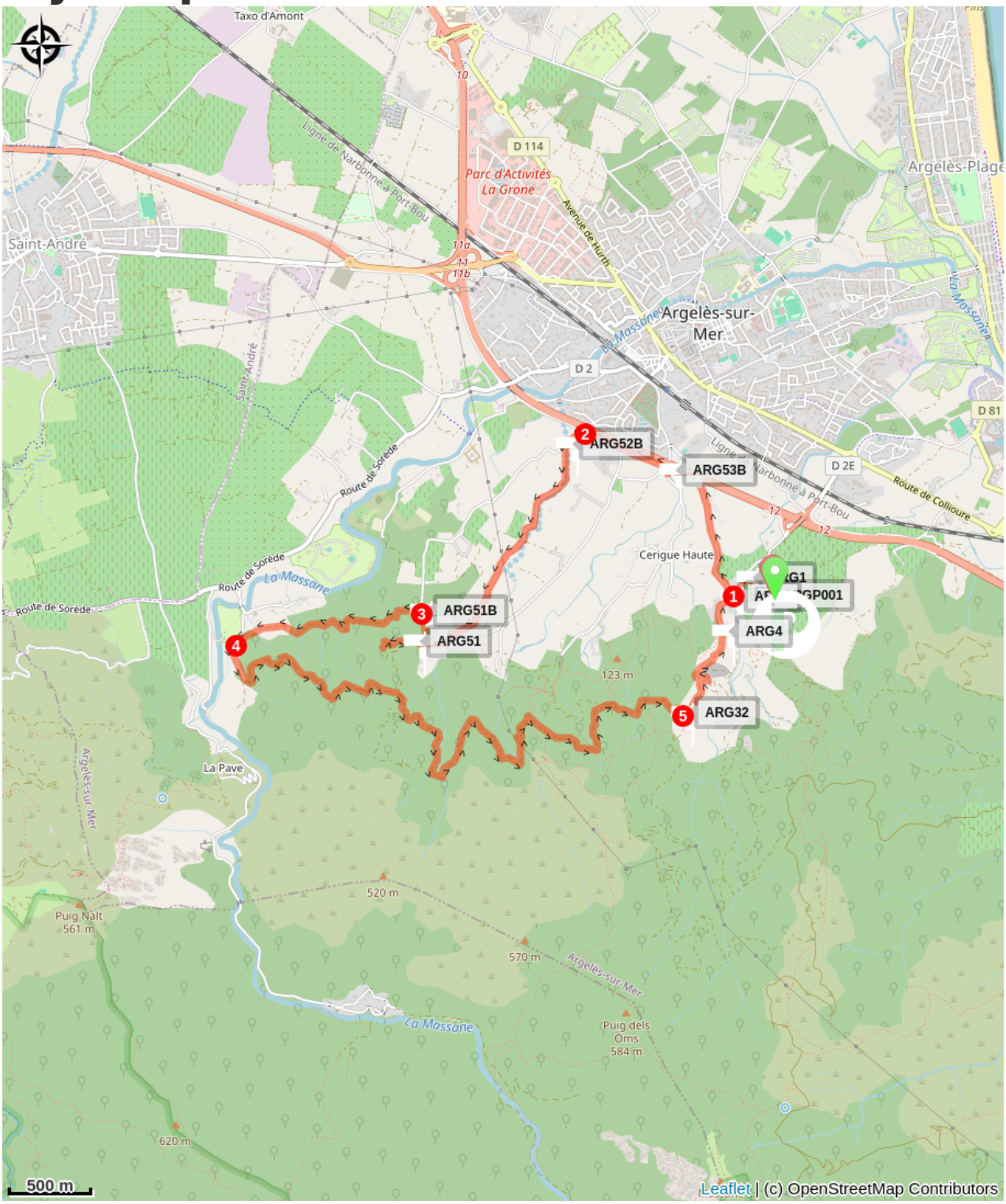
Altimetric profile



Min elevation 16 m Max elevation 260 m

1. Follow the direction to the campsite "Les Mimosas" to take the road of la Massane. The fast road is on your right. Do not go under the bridge.
2. At the next junction, take a left in direction of the Ermitage of Notre-Dame de Vie. Walk through an oak forest until you reach the 2 chapels. Enjoy the panorama of the Roussillon’s plain before coming back down. The stony path is then on your left.
3. After a few meters, use the trail DFCI-N°36 which enters the cork oak forest and crosses the prairies of the Mas Torrenaps and Platjatorta.
4. At the junction, take the little paved road on the left Be careful, during a few meters , it’s a real wall in front of you. Then take on the trail DFCI n°28 and progressively climb up the mountain. Catch your breath and admire an exceptional panorama on the Mount Canigou, the Roussillon’ plain the Mediterranean Sea.
5. Stay on this trail where the forest is home to different essences of oak trees and which is crossed by some steams . At the citern n° 372, go down on the left in direction of Valmy. Pay attention to your speed in this area, hikers and cars pass near the houses.

On your path...


Taxo d'Amont
Saint-André
Parc d'Activités
La Grone
Argelès-Plage
Argelès-sur-
Mer
D 114
D 2
D 2E
D 81
Route de Sorède
Route de Collioure
Cerigue Haute
ARG52B
ARG53B
ARG51B
ARG51
ARG4
ARG32
La Massane
La Pave
Puig Nalt
561 m
520 m
570 m
Puig dels
Oms
584 m
620 m
123 m
500 m
Leaflet | (c) OpenStreetMap Contributors

All useful information

⚠ Advices

Follow the red color signs « VTT » (mountain bike) n°7

How to come ?

Transports

Bus à 1€

Access

Direct access by RD 914 : exit Château de Valmy

Advised parking

Valmy’ carpark (base VTT)

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Zone Natura 2000 Directive Habitat

Sensitivity period:

Zone Natura 2000 Directive Oiseaux

Zone Natura 2000 Directive Oiseaux

Sensitivity period:

Zone Natura 2000 Directive oiseaux