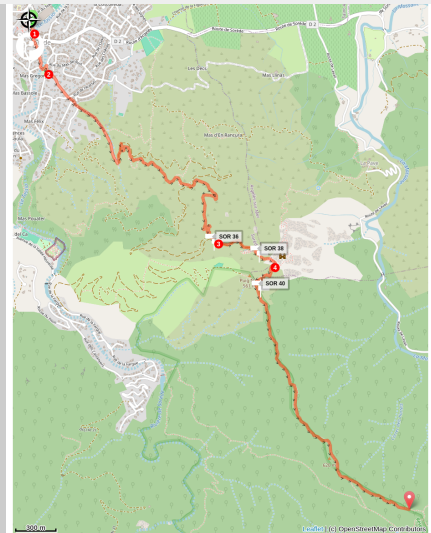


# From Sorède to the Roc de les Medes

Albères - SOREDE



(Elisabeth Coste)



## *Typical village, hermitage, lookout with exceptional views !*

Short ascent from Sorède towards the Roc de les Médes. Very beautiful view of the Massane and the Mediterranean Sea. The passage through a magnificent forest of oaks and chestnut trees will delight the hiker.

## Useful information

Practice : Hiking

Duration : 3 h 6

Length : 6.6 km

Trek ascent : 682 m

Difficulty : Hard

Type : Traversée

Themes : Flora, Point de vue, Géologie, Archéologie, Histoire, Littoral, Montagne, Patrimoine

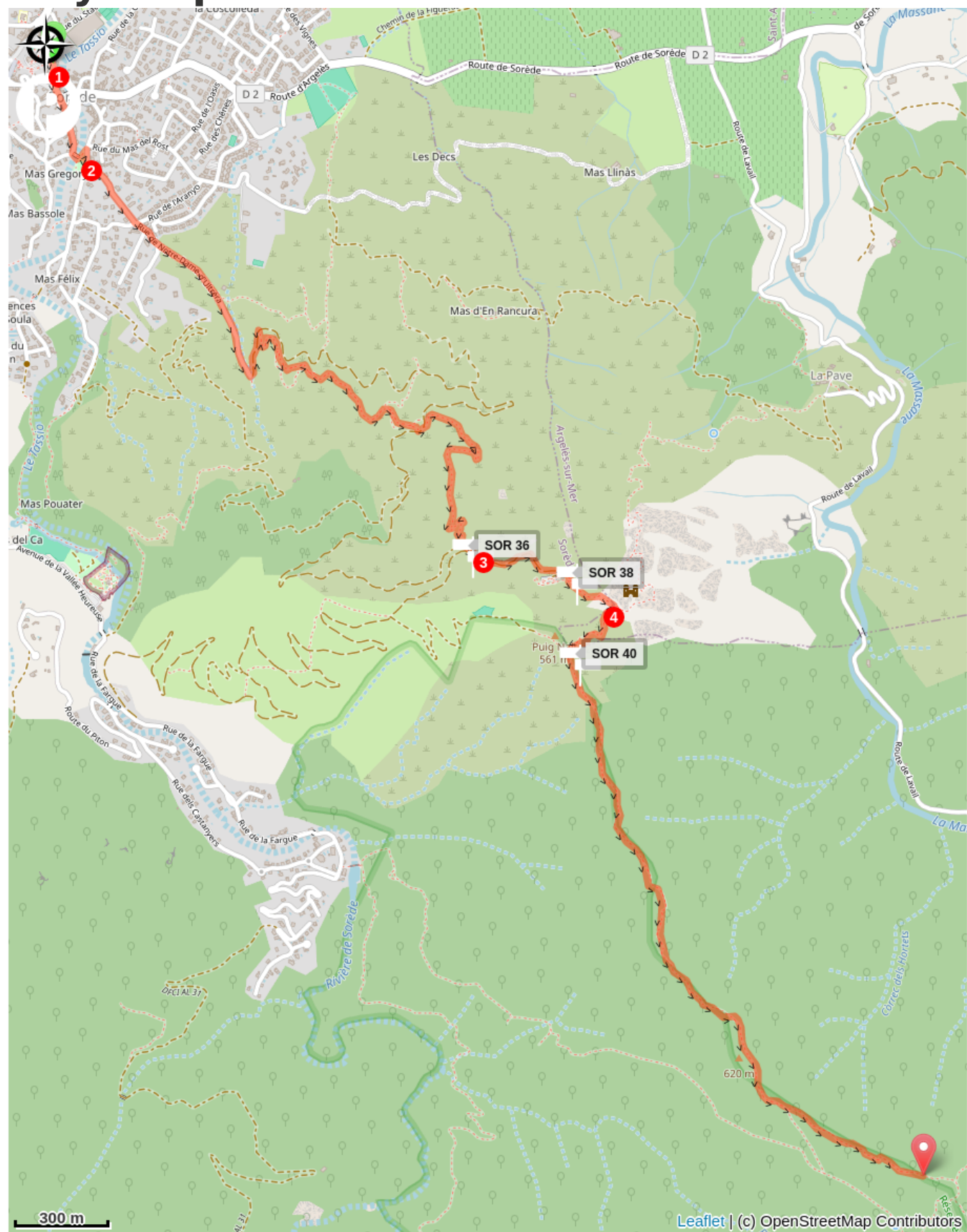
# Trek

Departure : Tourist Office of Sorède

Arrival : Tourist Office of Sorède

1. Exit the tourist office, turn left, and then go straight until you reach the footbridge that you need to cross.
2. At the statue of Christ, turn left towards Notre-Dame du Château, passing through the casot circuit. Don't hesitate to take a small detour to see them when they are off the path.
3. Turn left onto the track leading to the Ermitage Notre-Dame du Château. Then head towards the Roc de les Medes.
4. Admire the view of the Massane and the ruins of Ultrera. Continue along the path, following the yellow markers.

# On your path...



# All useful information

## **Advices**

Make sure to wear suitable walking shoes, bring water, a cap or hat, and a windbreaker.

Respect nature by taking your litter with you.

Check the weather before leaving.

## **Environmental sensitive areas**

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

### **Zone Natura 2000 Directive Habitat**

Sensitivity period:

Zone Natura 2000 Directive Oiseaux

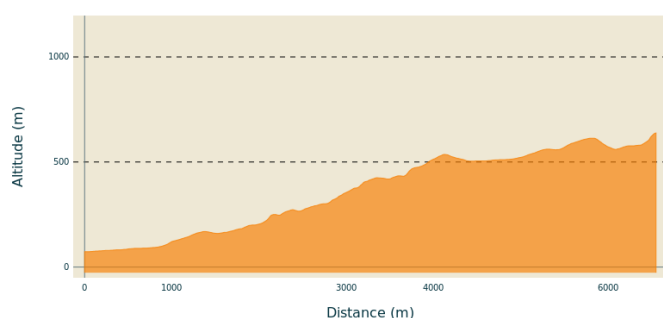


### **Zone Natura 2000 Directive Oiseaux**

Sensitivity period:

Zone Natura 2000 Directive oiseaux

## **Altimetric profile**



Min elevation 73 m  
Max elevation 640 m

## **Transports**

Bus 1€

## **Advised parking**

Municipal parking

## **Access**

D 618, D 11