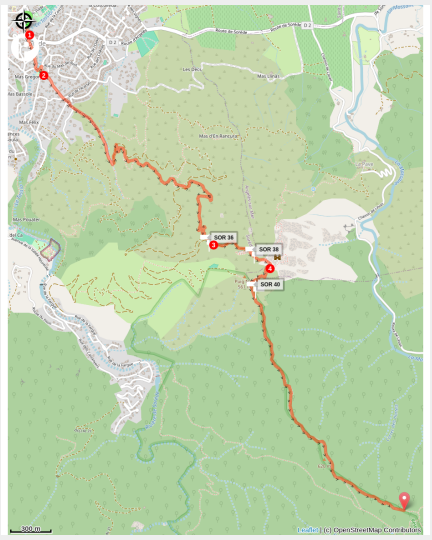
From Sorède to the Roc de les Medes

Albères



(Elisabeth Coste)



Typical village, hermitage, lookout with exceptional views !

Short ascent from Sorède towards the Roc de les Médes. Very beautiful view of the Massane and the Mediterranean Sea. The passage through a magnificent forest of oaks and chestnut trees will delight the hiker.

Useful information

Practice : Hiking

Duration : 3 h 6

Length : 6.5 km

Trek ascent : 682 m

Difficulty : Hard

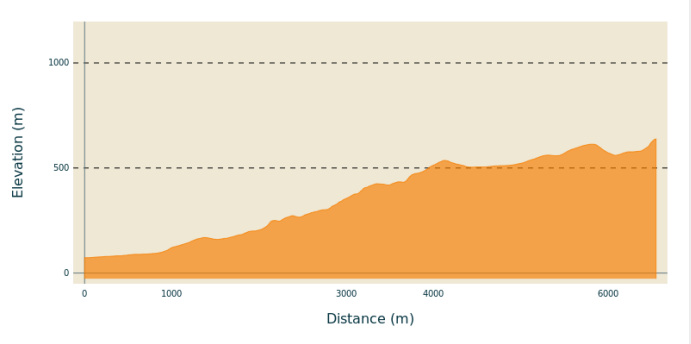
Type : Traversée

Themes : Flora, Point de vue, Géologie, Archéologie, Histoire, Littoral, Montagne, Patrimoine

Trek

Departure : Tourist Office of Sorède
Arrival : Tourist Office of Sorède
Cities : 1. SOREDE
2. ARGELES SUR MER

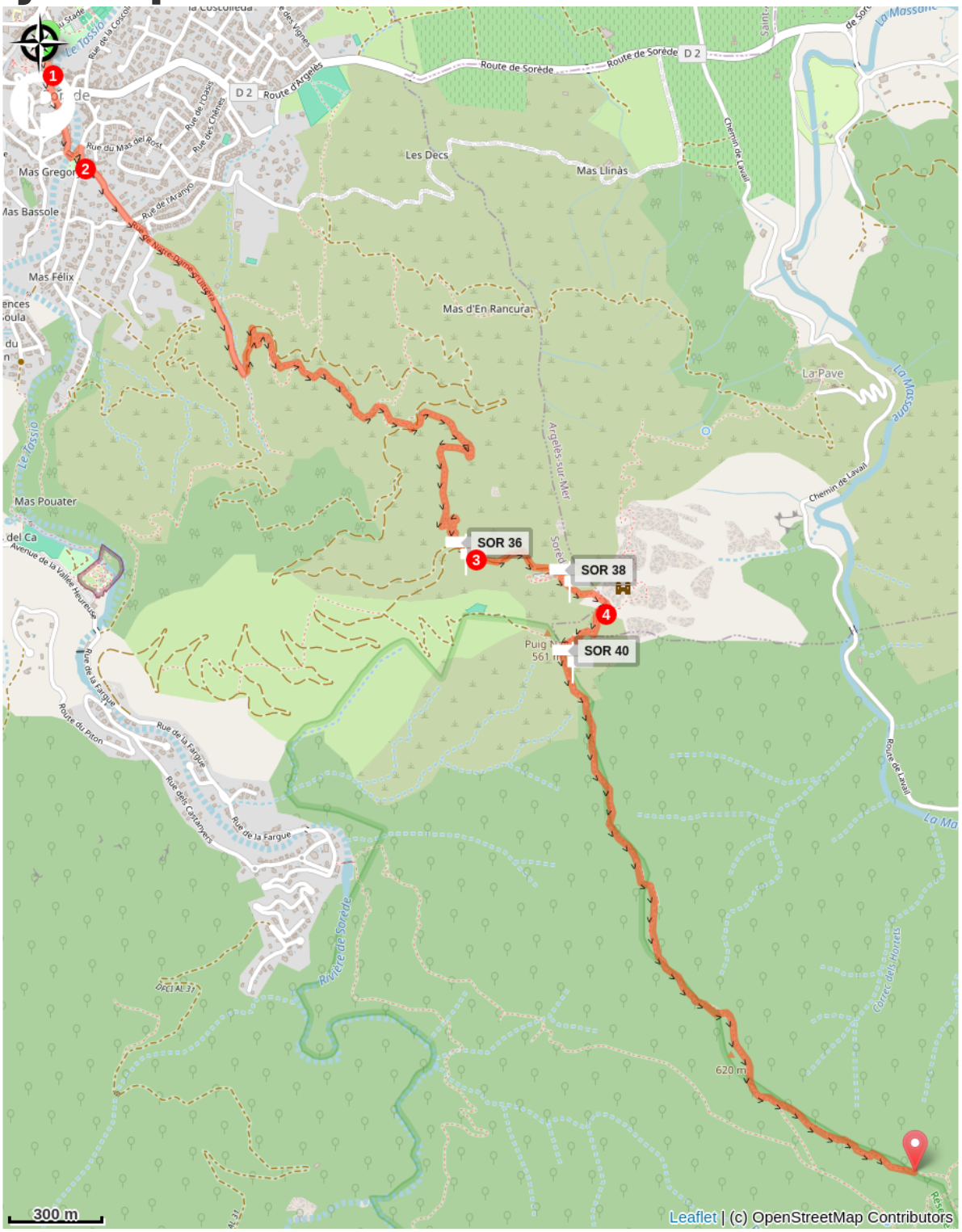
Altimetric profile



Min elevation 73 m Max elevation 640 m

1. Exit the tourist office, turn left, and then go straight until you reach the footbridge that you need to cross.
2. At the statue of Christ, turn left towards Notre-Dame du Château, passing through the casot circuit. Don't hesitate to take a small detour to see them when they are off the path.
3. Turn left onto the track leading to the Ermitage Notre-Dame du Château. Then head towards the Roc de les Medes.
4. Admire the view of the Massane and the ruins of Ultrera. Continue along the path, following the yellow markers.

On your path...


1
2
3
4
SOR 36
SOR 38
SOR 40
Route de Sorède
D 2
Route d'Argelès
Les Decs
Mas Llinàs
Mas Bassole
Mas Félix
Mas d'En Rancura
La Pave
Mas Pouater
Argelès-sur-Mer
Chemin de Lavail
Rue du Mas del Rost
Rue de l'Aranyo
Rue de la Fargue
Route du Picon
Rue des Castanyers
Rivière de Sorède
Carrec des Hostels
620 m
300 m
Leaflet | (c) OpenStreetMap Contributors

All useful information

⚠ Advices

Make sure to wear suitable walking shoes, bring water, a cap or hat, and a windbreaker.
Respect nature by taking your litter with you.
Check the weather before leaving.

How to come ?

Transports

Bus 2€

Access

D 618, D 11

Advised parking

Municipal parking

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Zone Natura 2000 Directive Habitat

Sensitivity period:

Zone Natura 2000 Directive Oiseaux



Zone Natura 2000 Directive Oiseaux

Sensitivity period:

Zone Natura 2000 Directive oiseaux