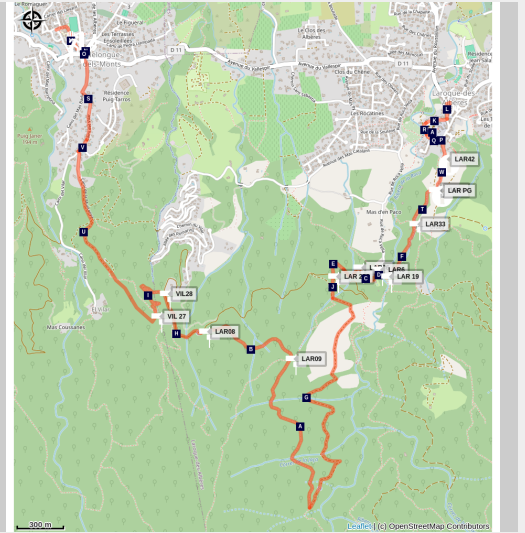


# Ultrera Trail (3ème relais)

Albères - LAROQUE DES ALBERES



(CCACVI)

*Third stage of the challenge on  
December 2, 2018 (between Laroque-  
des-Albères and Villelongue-dels-Monts)  
Departure at 8:30 AM from Argelès-sur-  
Mer.*

D+ 450m

D- 450m

## Useful information

Practice : Trail running

Duration : 2 h

Length : 9.9 km

Difficulty : Hard

Type : Traversée

Themes : Flora, Point de vue,  
Histoire, Montagne

# Trek

Departure : Laroque-des-Albères

Arrival : Villelongue-dels-Monts

Here's the translation of the text you provided:

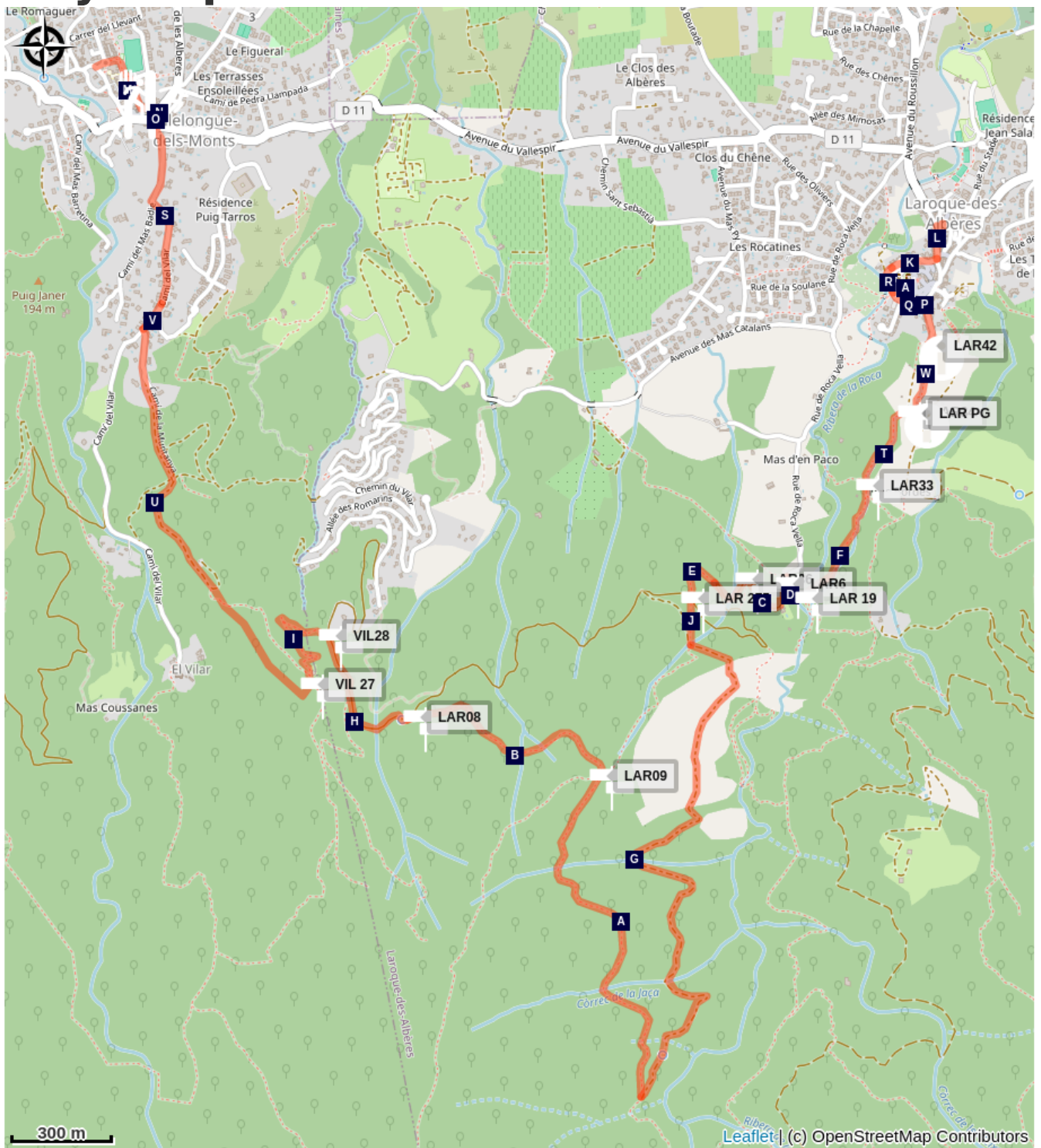
After a brief detour through the heart of the village of Laroque-des-Albères, follow the trail serving the hiking routes along a small canal until reaching the ruins of the Chapel of San Fructosos de Roca Vella.

From there, start climbing on a narrow path towards Font de la Vernosa. Then, turn right towards Font dels Simiots and join the path above the Mas Catalans estate.

At the water tower, a small mountain-side trail leads you to another slope. Begin the steep descent towards Villelongue-dels-Monts on a very steep trail.

The relay exchange takes place at the center of the village near the stadium.

# On your path...



 Castel of Laroque-des Albères (A)

# All useful information

## **Advices**

Before going trail running, check the weather conditions and access conditions to the mountain area during fire risk alerts.

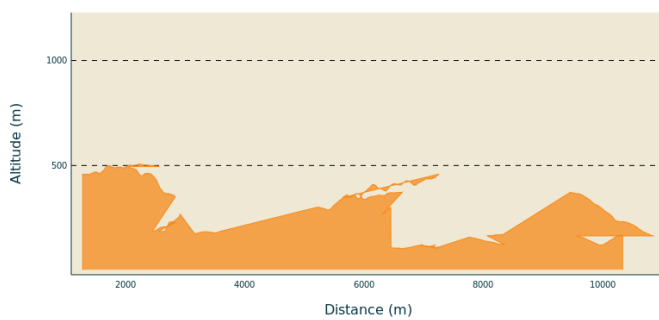
Respect the work of farmers, operators, and landowners.

Close fences behind you and do not cut across fields.

Take your waste to designated drop-off points at the start of your hike.

The trail routes are also very suitable for hiking.

## **Altimetric profile**



Min elevation 0 m  
Max elevation 0 m

## **Advised parking**

post office parking

# On your path...

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## Castel of Laroque-des Albères (A)

In the eleventh century, the village came under the rule of a seigneurial family that materializes its power by building a castle in the middle of the fortified town. From the end of the thirteenth century, Laroque is considered a stronghold in the defense of the territory. Today, the tower is all that remains of the castle, the keep which dominated the castle and the old village having collapsed in 1890.

Attribution : CCACVI