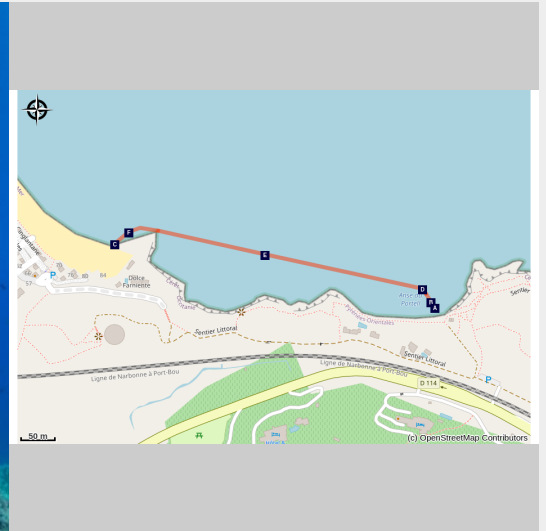


# Between le Racou et l'Anse de Porteils

Côte Vermeille - ARGELES SUR MER



Découverte des fonds marins (Aquatile plongée)

## « *Le Racou* », adventures'beach

Come discover this beach, accessible to all and treat yourself to a first experience underwater by practicing diving or snorkeling

## Useful information

Practice : Scuba diving

Duration : 2 h

Length : 0.5 km

Difficulty : Easy

Type : Aller-retour

Themes : Fauna, Flora, Géologie

# Trek

Departure : Plage du Racou

Arrival : Anse de Portails

Beginner or, seasoned diver, you can have a good time discovering the underwater environment with mask, fins and snorkel . Seahorses and stingrays resting on the sand can be observed in this well-preserved, shallow environment.

From the first meter, Thousands of athérines welcome the visitor, wrapping him in a silver coat . Divers of every ability will enjoy moving between the canyons that snake delicately towards the open sea. A little further from the shore, around 6 meters deep, *posidonia oceanica* provides an ideal habitat for thousands of young fish. Between the green leaves loaded with oxygen, there're waiting to grow and become strong enough to go face the open sea and its predators.

Returning to the shoreline, at the bend of some stone pyramids, remains of world War II, octopusses, cave shrimps, crabs and congers live in these constructions. cracked due to time and storms..

This diving area is characterized by the clear and sparkling atmosphere. It's better to dive early in the morning to enjoy the calm of the sea and the ideal brightness. Sometimes, entering the sea from the beach can be difficult because of the sudden drop-off. Coming to the surface in the waves can also be difficult. The simplest solution is to contact a diving center which will offer more protection, far from other swimmers

# On your path...



# All useful information

## **Advices**

Go safe and be supervised by professional scuba diving from all the ports of the Côte Vermeille.

### **Argelès-sur-Mer:**

Argelès Plongée: 06 78 48 76 30 / 06 83 89 96 90 - Résidence Santa Maria Rue des Matelots

Aquatile Plongée: 06 16 51 31 06 - Résidence Atalaya 2 Place Magellan

Archipel Plongée: 04 68 95 71 03 / 06 25 59 35 77 - 8 Résidence les Villégiales

La Sirène Plongée : 04 68 81 60 58 - Camping la Sirène, route de Taxo

### **Collioure:**

CIP Collioure: 04 68 82 07 16 - 24 Rue Ravin du Coma Xeric

### **Port-Vendres:**

Paradis des bulles: 06 70 55 69 18 - Quai Fanal

Tech of Plongée: 06 58 55 41 04 -2 Quai Fanal

CAP Port-Vendres: 04 34 12 09 27 - 4 rue Jules Ferry

Scuba Passion: 06 07 56 03 73 - Plage des Tamarins Route de la Jetée

### **Banyuls-sur-Mer:**

Rédéris Plongée: 04 68 88 31 66 - Quai A Port Parking Méditerranée

AquaBlue Plongée: 04 68 88 17 35 - 5 Quai Georges Petit

Plongée Bleue: 07 85 75 67 45- 10 quai Georges Petit

### **Cerbère:**

Aloès Plongée: 06 33 33 18 44 - Résidence les Aloes Cap Peyrefite

Plongée Cap Cerbère: 04 68 88 41 00 - Route d'Espagne

## **Environmental sensitive areas**

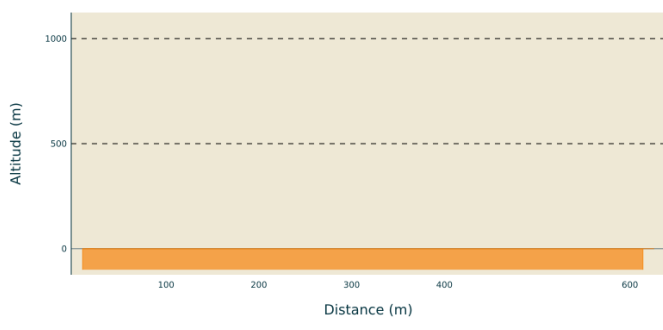
Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

### **Zone Natura 2000 Directive Habitat**

Sensitivity period:

Zone Natura 2000 Directive Oiseaux

## **Altimetric profile**



Min elevation 0 m  
Max elevation 0 m