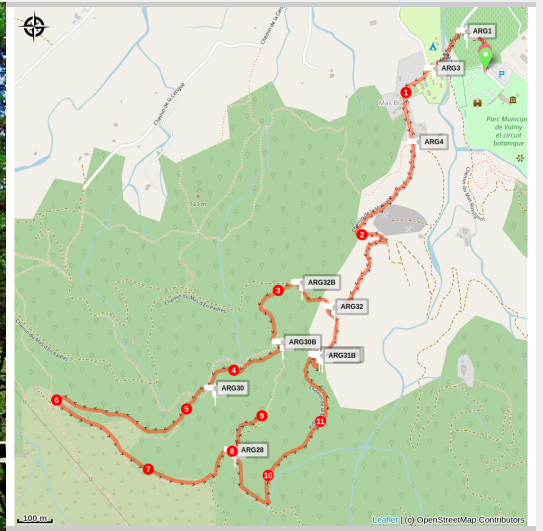


Listen and see

Albères - ARGELES SUR MER



Sous-bois Chapelle Saint Laurent (Aurélie Rubio)

Sensory hike

In family or between friends, it is all the history of the massif and the city that lends itself in the life-size discovery

Useful information

Practice : Hiking

Duration : 2 h 30

Length : 6.2 km

Trek ascent : 307 m

Difficulty : Easy

Type : Boucle

Themes : Flora, Point de vue, Architecture, Histoire, Montagne

Trek

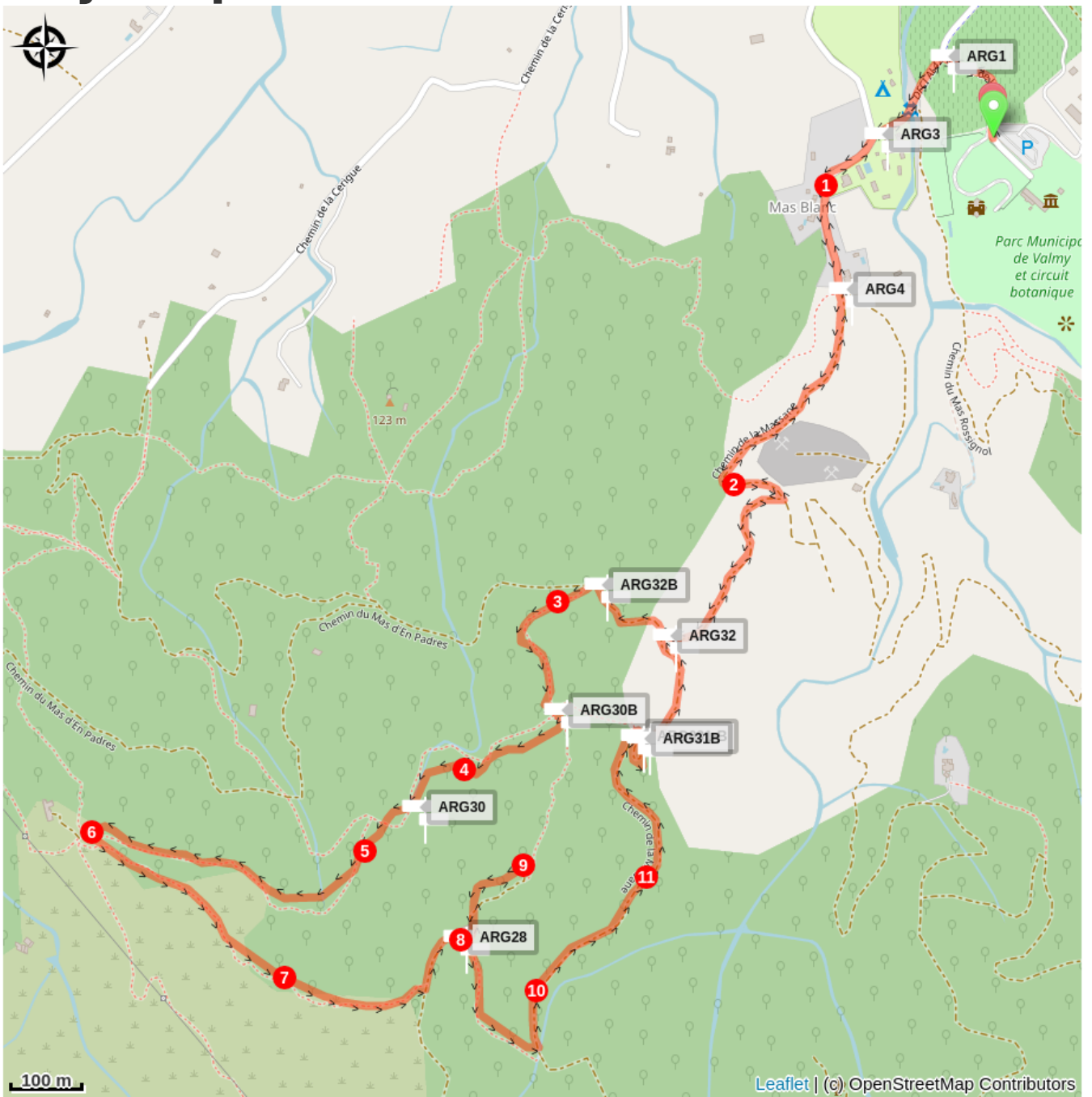
Departure : Car park Valmy Castle

Arrival : Car park Valmy Castle

Markings :  PR

1. From the car park of Valmy, walk back on the road. Pass in front of the Campsite of Mimosas, rise towards the White Mas and follow the direction of the Chapel St Laurent where the forest track DFCI n°29 starts.
2. Pursue the rise and follow the green nameplates "Listen to and see ". At the crossing of track, take track DFCI-AI n°28 on the right. Pass in front of the green tank.
3. After the bend, take the path to the left which enter the cork oak forest.
4. After a light ascent of 15 minutes, arrive in front in the ruins of the Mas of in Pardès overlooking the plain. Pay attention to the path on the left featuring mimosas. Do not take the wide path direction Tour de la Massane.
5. Arrive at the Chapel St-Laurent-du-Mont (290 meters). Behind the monument you will find a shepherd hut. Take a look at it, return to your steps, take the path in front of the chapel entry this will take you back to Valmy.

On your path...



All useful information

Advices

You enjoy nature, You like it, take care of it...

Along the hiking trail, rubbish bins are at your disposal. Every month over tens of thousands of hikers and walkers visit this exceptional site. Please do not litter and use the rubbish bins (glass, plastic, rubbish etc...). Also, please dispose of any litter you might find along the trail. Help keep this site clean with simple yet essential gestures. Lets give back to nature what nature gave us.

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Zone Natura 2000 Directive Habitat

Sensitivity period:

Zone Natura 2000 Directive Oiseaux

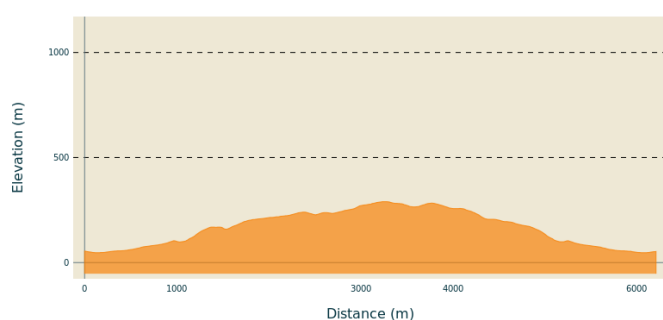


Zone Natura 2000 Directive Oiseaux

Sensitivity period:

Zone Natura 2000 Directive oiseaux

Altimetric profile



Min elevation 47 m
Max elevation 290 m

Transports

The nearest : Valmarie
[Bus 2€](#)

Access

RD 914: Exit 12 - Valmy road - Car park

Advised parking

Car park of the Castle of Valmy