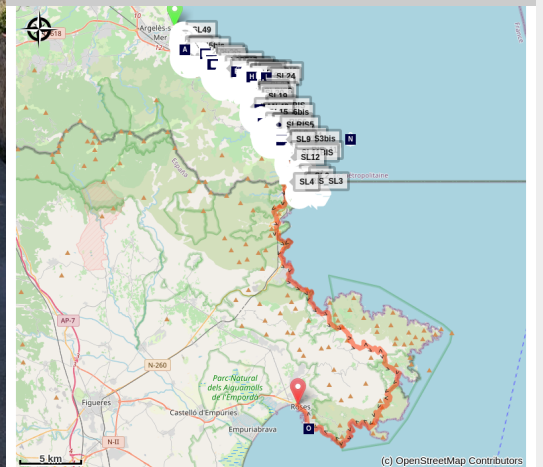


# (E12-Sentier Littoral-GR 92) Argelès-sur-mer -Rosas

Albères - ARGELES SUR MER



(OT Llança)



*Go on a European path and discover all the riches of Catalonia in 11 steps*

90 km of hiking to discover while roaming in 11 steps

## Useful information

Practice : Hiking

Duration : 2 days

Length : 87.2 km

Trek ascent : 102650 m

Difficulty : Hard

Type : Traversée

Themes : Fauna, Flora, Point de vue, Géologie, Histoire, Littoral

# Trek

Departure : Office de tourisme d'Argelès-sur-Mer

Arrival : Office de tourisme de Rosas

Markings :  GR

Etape 1: Argelès-sur-Mer: Sandy coast, rocky coast, rugged reliefs, parks, forests, Argelès-sur-Mer is situated at the foot of the Albères massif. The city has many cataloged heritage monuments and stretches for almost 10 kilometers along the Mediterranean Sea

Etape 2: Collioure: Collioure is a small harbour nestling in a creek where the waters of the Mediterranean Sea and the rocks of the Pyrennes mountain range merge. Jewel of the Côte Vermeille, Collioure has always been a land of inspiration for artists.

Etape 3: Port-Vendres: Natural harbour in deep water, since antiquity, everything is an excuse to go through the history of Vauban to Louis XVI. Under the terraced vineyard, the site of Paulilles, nestled between two capes, is much more than an exceptional bay but also a place of memory

Etape 4: Banyuls-sur-Mer: At the heart of the vermeille coast, at the foot of the terraced vineyard, home of the sculptor Aristide Maillol, Banyuls-sur-Mer seduces with its preserved architecture, its seafront promenade, its pebble beach and marina.

Etape 5: Cerbère: At the gateway to Spain, in the marine nature reserve, Cerbere is a village that flourished with the development of the railway. Its heritage of the nineteenth century makes it an exceptional Catalan village

Etape 6: Portbou: Next to the border with France, PortBou offers an urban heritage course with international character and beaches of high quality. It combines memory and exile, art and landscape, and is a symbol of culture and peace.

Etape 7: Colera: In the north of the Alt Emporda region, Colera combines natural landscapes of Cap de Creus with a calm and little congested urban nucleus, endowed with a great amount of services for visitors. The coastline is formed by rocks and virgin beaches; inland the landscape is characterized by lands full of olive trees and vineyards, which are delimited with natural stone.

Etape 8: Llançà: A small Mediterranean village located in the middle of a unique landscape and surrounded by both land and sea, by two protected natural areas-the Natural Park of Cap de Creus and l'Albera- and significant elements of cultural heritage. It houses an important watercolor museum: The MARTINEZ LOZANO Foundation.

Etape 9: El Port de la Selva: The Port de la Selva is located within the Natural Park of Cap de Creus. It has a great landscape richness, where the blue of the Mediterranean sea, the green of vineyards and some steep coasts are beautifully combined. The

imposing monastery of San Pere de Rodes crowns its mountains.

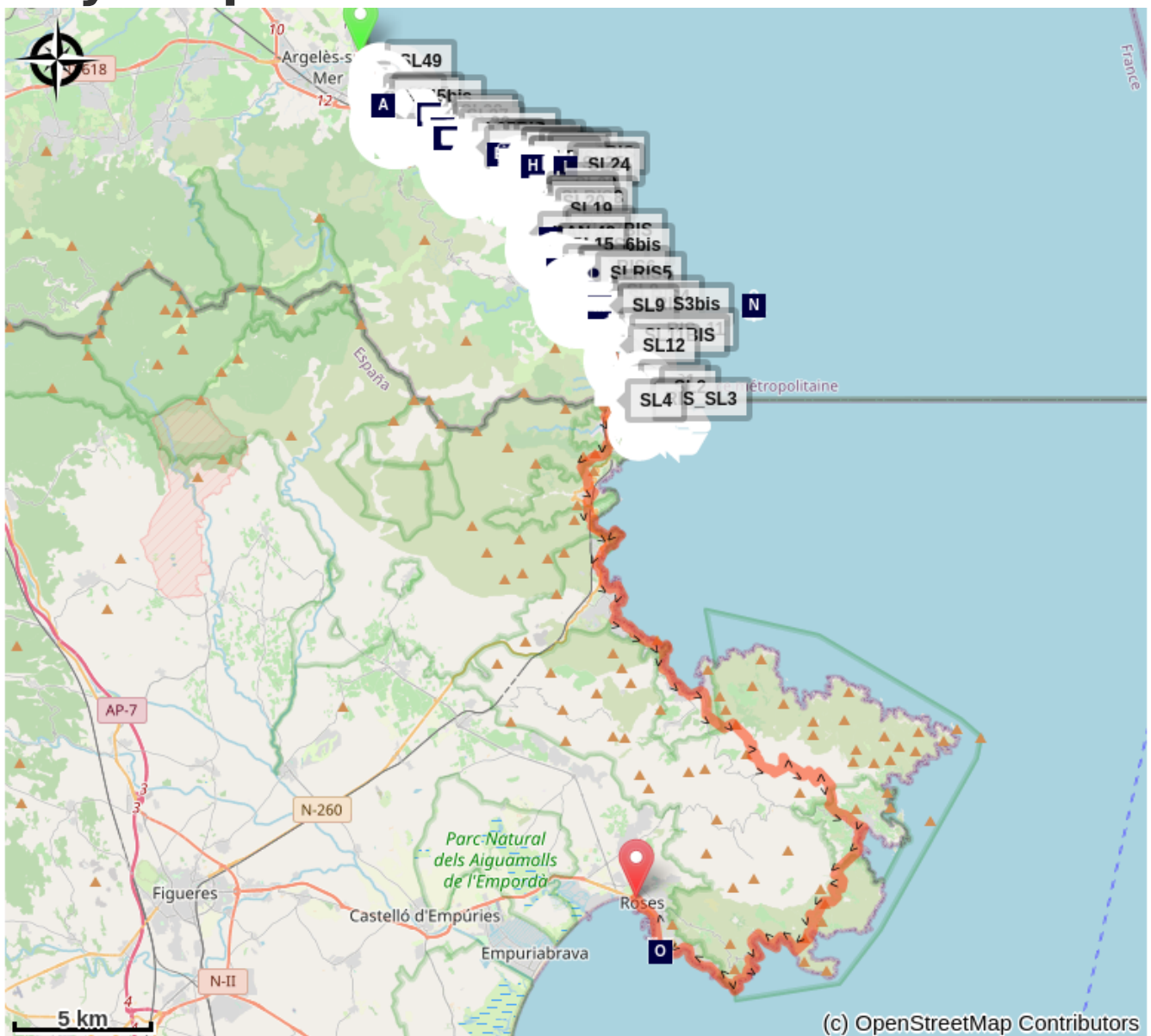
Etape 10: Cadaquès: A small town in the north of the Costa Brava, where the Pyrenees plunge into the sea. It is a pole of attraction for many artists, like Salvador Dali, who settled in Portlligat. The municipality encompasses the most eastern point of the Iberian Peninsula, Cap de Creus.

Etape 11: Roses: Gateway to the Natural parks of Cap de Creus and the "Aiguamolls de l'Emporda", and origin of one of the most beautiful mediterranean bay, Roses is synonymous with history, culture, gastronomy, leisure and nature








## Stages :



- 1.** (E12 - Sentier Littoral) Argelès - Collioure  
7.0 km / 191 m D+ / 2 h 30
- 2.** (E 12 -Sentier littoral) Collioure-Port-Vendres  
5.1 km / 130 m D+ / 2 h
- 3.** (E 12-Sentier Littoral) Port-Vendres -Banyuls-sur-Mer  
11.1 km / 100338 m D+ / 5 h
- 4.** (E12-Sentier Littoral) Banyuls-sur-Mer -Cerbère  
9.2 km / 467 m D+ / 4 h
- 5.** (E12 - Sentier Littoral) Cerbère-PortBou  
4.7 km / 207 m D+ / 2 h
- 6.** (E 12 - GR 92) From Portbou to Colera  
3.8 km / 240 m D+ / 1 h 45
- 7.** (E12 - GR 92) From Colera to Llançà  
6.0 km / 175 m D+ / 2 h
- 8.** (E12 - GR 92) From Llançà to Port de la Selva  
8.6 km / 136 m D+ / 2 h 30
- 9.** (E 12 - GR 92) From Port de la Selva to Cadaqués  
12.0 km / 390 m D+ / 6 h
- 10.** (E 12 - GR 92) From Cadaqués to Rosas  
20.2 km / 386 m D+ / 7 h

# On your path...



(c) OpenStreetMap Contributors

-  Un petit recoin catalan : « Le Racou » (A)
-  Fort Miradoux (C)
-  Nostra Mar (E)
-  The jetty's lighthouse (G)
-  Les schistes plissés du Cap Béar (I)
-  Arago Laboratory (K)
-  Viewpoint orientator of Cap Rederis (M)

-  Ouille Beach (B)
-  Royal Castle of Collioure (D)
-  Redoute Béar (F)
-  Fort Béar (H)
-  Sphinx (J)
-  Le Dôme (L)
-  The José Illueca (N)

# All useful information

## **Advices**

### **Vous profitez de la nature, vous l'aimez, prenez-en soin ...**

Vous êtes en train d'emprunter un sentier de randonnée sur le long duquel des points réguliers de collecte d'ordures ménagères sont mis à votre entière disposition.

Par respect pour cet espace exceptionnel emprunté chaque mois par plusieurs dizaines de milliers de randonneurs et promeneurs, nous vous invitons à déposer à ces points de collecte l'ensemble de vos déchets (verre, papier, restes d'aliments, etc.) et ceux que vous pourriez malheureusement découvrir au fil de votre balade.

Grâce à ces gestes simples mais essentiels, conservons ce site propre, tel que la nature nous l'a gracieusement offert.

## **Environmental sensitive areas**

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.



### **Réserve Naturelle Marine de Cerbère-Banyuls**

Sensitivity period: January, February, March, April, May, June, July, August, September, October, November, Decembre

Réserve Naturelle Marine de Cerbère-Banyuls

## **Zone Natura 2000 Directive Habitat**

Sensitivity period:

Zone Natura 2000 Directive Oiseaux

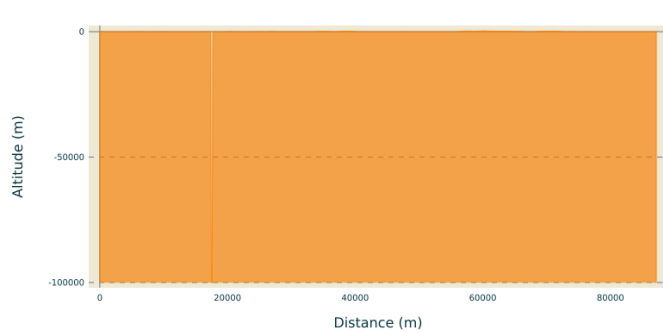


### **Zone Natura 2000 Directive Oiseaux**

Sensitivity period:

Zone Natura 2000 Directive oiseaux

## **Altimetric profile**



Min elevation -99999 m  
Max elevation 315 m

## Transports

Retrouver toutes les lignes du bus à 1€  
en cliquant [ici](#)

# On your path...

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## Un petit recoin catalan : « Le Racou » (A)

The term "Racou" means "nook" in Catalan. Located between rocky coast and sandy beach, it is one of the typical places of the Argelesian coastline. The first installations of "demountable" wooden cabins go back to the 1920s but will be destroyed during the German occupation. In the 1960s, the Racou already has three lines of houses. This place is almost a village in its own right. Through its tiny alleyways floats a retro atmosphere where there is good walking.

Attribution : CCACVI

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## Ouille Beach (B)

The beach of Ouille, between Collioure and Racou, is a real paradise. This confidential beach is mostly frequented by locals or customers of neighboring campsites. With its small pebbles, it extends about 100 meters below the cliffs of the Côte Vermeille. This beach, very quiet even in high season, however, is not monitored and parking to access is quite far. In short, a great place to be away from the crowd.

Attribution : Aurélie Rubio

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## Fort Miradoux (C)

In 1669, Vauban who wanted to make Collioure a garrison town, decided to shave the old town and create Fort Miradoux on the site of the old Fort Sainte-Thérèse built around 1540 by Charles V. This fort because of its location was of paramount importance in the defense of the castle. Today, Fort Miradoux, owned by the Army has become the National Commando Training Center (CNEC).

Attribution : admin66pm





## Royal Castle of Collioure (D)

Built in the 13th century to house the court of the Kings of Majorca, the Royal Castle of Collioure has been listed as a historical monument since 1922. Reinforced many times, the castle eventually pushed the city back to the foot of the cape turned into a citadel in the 17th century. It is inseparable from Collioure as the city can not be separated from the sea. To return to the heart of the world of the Royal Castle of Collioure, do not forget the guided tours!

Attribution : CCACVI

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## Nostra Mar (E)

Club hiking webbed and environmental awareness. Discover the rich marine environment of the Côte Vermeille from the edge with fins, mask and snorkel! Marine, diving instructor and biologist, will guide you. All levels. Equipment provided: fins, mask, snorkel, combination.

Attribution : Nostra Mar

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## Redoute Béar (F)

Due to its strategic maritime position and its proximity to historical boundaries, Port-Vendres has received a great deal of attention from military builders. The historic turning point of the city is around 1659, when after the Treaty of the Pyrenees, King Louis XIV charged Vauban to make "Port-Vendres" a port of war. Go up to the Redoubt Béar built in the 18th century according to the plans of Vauban and immerse yourself in history.

Attribution : CCACVI

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## The jetty's lighthouse (G)

Having weathered the weather so far, the metal lighthouse at the pier of Port-Vendres has run bravely 110 years. However the last storms have a little damaged, including its spiral staircase, since removed because of the automation of the lantern. Listed in historical monuments since 2011, go see it before the sea prevails!

Attribution : CCACVI

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### Fort Béar (H)

Built between 1877 and 1880, Fort Béar was built in order to lock the borders and replace the fortifications of Vauban with buried polygonal forts. This fort was used until the middle of the 20th century, when a radio station was installed after the German occupation (1949). He is now owned by the Army.  
Attribution : CCACVI

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### Les schistes plissés du Cap Béar (I)

The steep shale cliffs of Cape Béar consist of deformed and metamorphosed meta-sediments (transformation of minerals under the effect of pressure or temperature). They show alternating rocks, which highlights sediment stratification. The rocks deform and change over time as shown by the many folds, from centimeters to metric or even kilometers. Its presence between sea and mountain makes it exceptional (BRGM).  
Attribution : Frédéric Hedelin

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### Sphinx (J)

When Egypt invites itself on the Côte Vermeille. Observe the coastline and you will discover an authentic sphinx ... with a little imagination. This cape located near the Plage des Elmes is a beautiful place. You have to take the Chemin des Douaniers, by the Plage des Elmes to get there.  
Attribution : CCACVI

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### Arago Laboratory (K)

In the early 1880s, the zoologist Henri De Lacaze Duthiers prospected the Mediterranean Coast to establish a marine station. In 1882, the Arago Laboratory opened its doors at its current location, and the public aquarium was inaugurated in 1884. The laboratory welcomed scientists who wanted to advance marine science. The research structures were regularly expanded to welcome new researchers who contributed to the renown of the laboratory.  
Attribution : Laboratoire Arago



### Le Dôme (L)

Located on the north face of the Cape of Abeille, the "Dome" owes its name to its configuration. This site has a large rocky outcrop approximately 70 meters long and 15 meters wide and has some major faults. The depth varies between 10 meters to the south and 19 meters to the north. The interest of the site is around and on the Dome (between 12 meters and 5 meters).  
Attribution : Frédéric Hédelin

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### Viewpoint orientator of Cap Rederis (M)

Enjoy this panoramic point of view to observe the landscape.  
Attribution : [www.tables-orientation-pyrenees.fr](http://www.tables-orientation-pyrenees.fr)

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### The José Illueca (N)

Cargo of 1922 built in Gdansk, it is bought in 1942 by José Illueca armament of Las Palmas. Sunk in 1944 in front of Port-Vendres by British fighters, it now lies 79 meters deep between Caps Peyrefitte and Canadell. Because of its depth, this wreck is only accessible to Trimix Hypoxic divers (diving beyond 70 meters).  
Attribution : CAP Port-Vendres