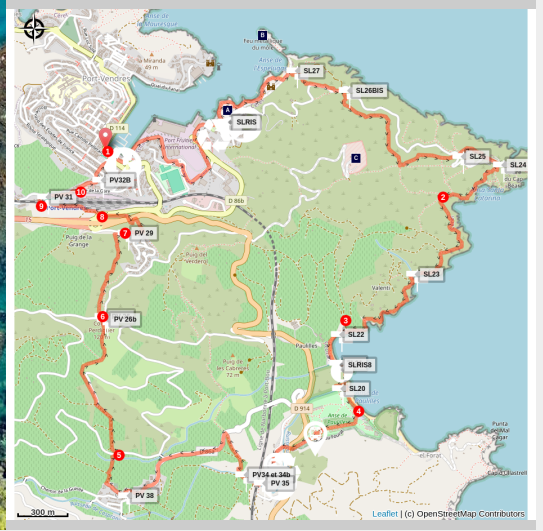


# Between sea and mountain

Côte Vermeille - PORT-VENDRES



Paulilles (Frédéric Hédelin)

*A hike that alternates between sea and mountain, revealing the beauties and riches of the territory.*

Hike 'Mar i Munt' (sea and mountain), offering exceptional viewpoints and allowing you to discover Port-Vendres and its surrounding treasures. As a bonus, one of the most beautiful beaches in the region!

## Useful information

Practice : Hiking

Duration : 4 h

Length : 12.9 km

Trek ascent : 391 m

Difficulty : Medium

Type : Boucle

Themes : Flora, Histoire, Littoral, Patrimoine

# Trek

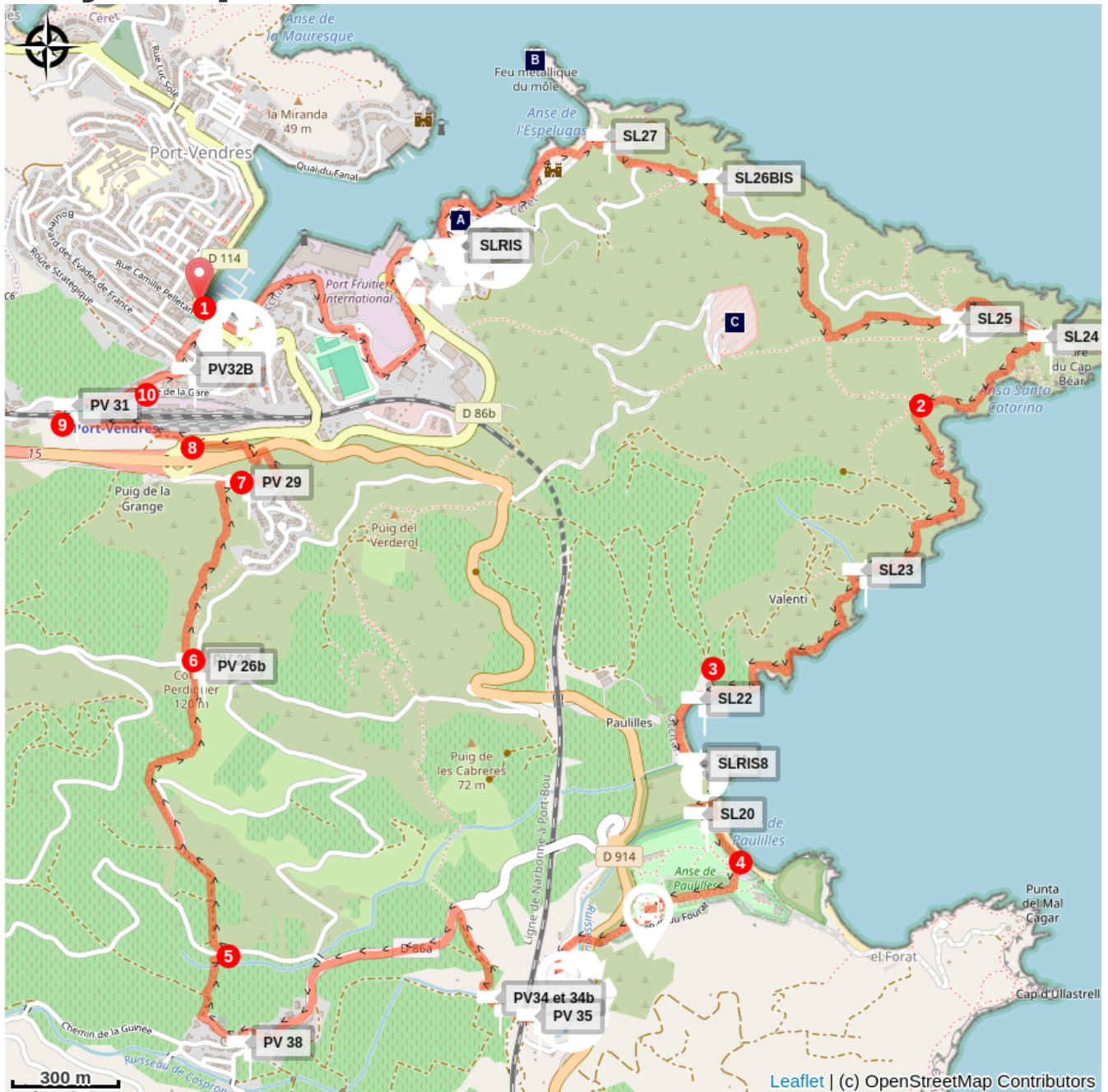
Departure : Tourist office of Port-Vendres



Arrival : Tourist Office of Port-Vendres

Starting point: Port-Vendres Tourist Office. Head towards the Jetty, following the coastal path signs around the port.

1. When you reach the Jetty Cove, turn right onto the path that ascends towards Fort Béar. After passing through the rocky pass, continue on the path until you reach the vineyard trail.
2. Turn left onto the trail.
3. Continue until you reach Bernadi Beach, cross it, and head towards the second beach (Paulilles Beach).
4. At the far end of the beach, turn right, pass under a small bridge, and cross the Paulilles site (not marked until you reach the Paulilles parking lot). Pass through the tunnel, follow the parking lot, and take a small path on the left. Pass under the bridge and turn right. After 300 meters, take the Col del Mitg path, which leads up to D86a and the village of Cosprons.
5. Turn right (over the bridge) towards Coll de Perdiguer.
6. Take the muleteer's path.
7. Turn right and then descend to the left.
8. Continue straight ahead.
9. Cross the tunnel and continue towards the train station.
10. After the station, turn left onto the Route Stratégique towards the town center, cross Place de la Castellane, go down the stairs, and arrive back at the Tourist Office.

# On your path...



-  Redoute Béar (A)
-  Fort Béar (C)

-  The jetty's lighthouse (B)

# All useful information

## **Advices**

Make sure to bring plenty of water, hiking shoes, and a cap or hat.

## **Environmental sensitive areas**

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

### **Zone Natura 2000 Directive Habitat**

Sensitivity period:

Zone Natura 2000 Directive Oiseaux

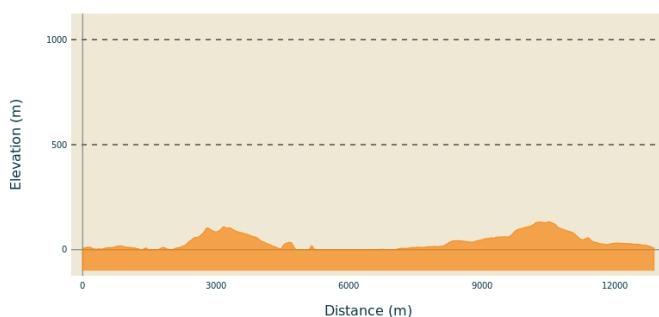


### **Zone Natura 2000 Directive Oiseaux**

Sensitivity period:

Zone Natura 2000 Directive oiseaux

## **Altimetric profile**



Min elevation 0 m  
Max elevation 133 m

## **Transports**

Bus 1€

## **Access**

D914, D114, D86, D86b

## **Advised parking**

Parking of the Tourist Office

# On your path...

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## Redoute Béar (A)

Due to its strategic maritime position and its proximity to historical boundaries, Port-Vendres has received a great deal of attention from military builders. The historic turning point of the city is around 1659, when after the Treaty of the Pyrenees, King Louis XIV charged Vauban to make "Port-Vendres" a port of war. Go up to the Redoubt Béar built in the 18th century according to the plans of Vauban and immerse yourself in history.

Attribution : CCACVI

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## The jetty's lighthouse (B)

Having weathered the weather so far, the metal lighthouse at the pier of Port-Vendres has run bravely 110 years. However the last storms have a little damaged, including its spiral staircase, since removed because of the automation of the lantern. Listed in historical monuments since 2011, go see it before the sea prevails!

Attribution : CCACVI

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## Fort Béar (C)

Built between 1877 and 1880, Fort Béar was built in order to lock the borders and replace the fortifications of Vauban with buried polygonal forts. This fort was used until the middle of the 20th century, when a radio station was installed after the German occupation (1949). He is now owned by the Army.

Attribution : CCACVI